

# Mentallypro Certification



## Mentally Senior Professional

With the support of





# Mentally Senior Professional



The **Mentally Senior Professional** certification aims to provide solid knowledge in **statistics, psychometrics, the use of the MentallyPro instrument, related digital tools, legal foundations, and standardized administration**, ensuring the delivery of high-quality assessments in every organization.

# Fundamentals



**Webinar April 14**  
**12.00PM - 13.00 PM**

## Introduction to Mentallypro

- Certification Presentation
- Management of Psychosocial Health at Work: Current Situation, Challenges, and Future Perspectives
- MentallyPro Framework
- Why MentallyPro Was Created and Its Purpose
- Credibility, Reliability, Standards, and Compliance
- Common Issues to Address with Stakeholders
- Benchmarking of Assessment Instruments

# Fundamentals



**Learn at your own Pace**



## Phases of Psychosocial Risk Assessment with MentallyPro

- Required Knowledge of Statistics and Psychometrics for MentallyPro
- Evaluation of the Assessment Context: Statistical Validity

## Psychological Assessment – MentallyPro Psychometrics

- Definition of Risk and Exposure in the Context of Psychosocial Risk Assessment
- Conceptual Definition of the Factors Analyzed in MentallyPro
- Construction of the MentallyPro Scale
- Psychometric Studies: Validity and Reliability
- Administration and Scoring Standards

# Fundamentals



**In-Person Session: April 22, 10:00 AM – 2:00 PM**

## **Phases of Psychosocial Risk Assessment with MentallyPro**

- Preliminary Steps: Context, Information Sources, Objectives, and Strategy
- Communication Strategy: Ensuring Anonymity and Confidentiality
- Scope of Application: Use of Norms and Benchmarks
- Effective Population Segmentation for the Study
- Results Interpretation:
  - Descriptive Profile
  - Risk Map
  - Analysis of Score Distribution
  - Presentation of Results within the Organization
- Practical Case: Conducting a Complete Assessment Process from Preliminary Steps to Results Presentation

**End of Certification**

**Key** insights for the improvement of  
**mental** health in the workplace

